

These are the lyrics of songs we might sing during our workshop time. My hope is someone can copy and paste the lyrics into the chat when we start one. If that's not someone's job, one of us will do it, just let us know.

Titles are in bold, songs are in alphabetical order by title. I will *really* try to say the title first. We will not sing them in this order.

**At the heart** of the women is the circle  
At the heart of the circle are the women  
The women are the heart of the circle  
The circle is the heart of the women

We are held in a **circle of love** x3  
All our lives

My heart is filled with the **helium of hope**  
It buoys me up, it makes my soul float  
For so long I've been feeling down  
Now when I look around  
I can see that good abounds  
I'm filled with hope

Wherever you are you're walking on (alternate "rooted in") **Holy Ground**  
Whenever you are you're living in sacred times  
Who(m)ever you're with you're in the presence of the divine  
So whatever you do keep that in mind

**I am free** to be the eagle in the sky  
I am free to be the twinkle in your eye  
I am free to be your breath as you sing  
I am free I am free I am free  
I am free to help you clarify your sight  
I am free to nudge your hand to do what's right  
I am free to help you trust your wisdom  
I am free I am free I am free

**I choose the path** of peace everyday  
I choose the path of love everyday  
I choose the path of community working for unity  
I choose the path of peace everyday

### **Keep a song in your heart**

Let it be a key to your soul  
Let it open you wide  
And bring you back to whole

Let every step I take **kiss the Earth** in blessing,  
Let every breath I exhale send peace to all beings,  
Let every thought I spark bring light to the world,  
Let every beat of my heart circulate love.

\*Love, You are Love, Divine **Love, Embodied**, You are Love.

You, You are Love, Divine Love, Embodied, You are Love.

\*Light, You are Light, Divine Light, Embodied, You are Light.

You, You are Light, Divine Light, Embodied, You are Light.

**My religion** is this beautiful Earth, forests and fields and seas  
My religion is this web of life and my connection to all beings  
My religion is the wheel of the year and the moon and stars above  
My religion is to hold all of this with love love love

1. **My spirit lives on** in the mountain, my spirit reaches toward the sky,  
My spirit lives on in the mountain, I am not gone, I'm all around.
2. My spirit blows with the wind now, my spirit dances wild and free...
3. My spirit glows with the sunshine, my spirit warms you to the bone...
4. My spirit flows with the ocean, my spirit surges through your veins...
5. My spirit lives on in my friends now, my spirit lives within the Earth,  
My spirit lives on in my loved ones, I am not gone, I'm all around.

Draw into, Dive into, Pour into yourself,  
Into the fathomless **pool of your soul**.  
Just wait there, gestate there, see what germinates,  
When you remember to call your-self Home.

I'm having my own tropical vacation here inside my skin  
Temperature's hit 110° as I radiate that fire within  
**Power surge** radiance burn away my fear  
Scorch away what holds me back and leave me bold and clear

I wanna be like **RBG** where I listen to my wisdom and follow my calling  
I wanna be like RBG where I use my life to build a better world for all

**We are one** with each other. We are one with all life.  
We are one with the Mother. We are one with the light.  
We are one with the forest and all the sea and sky.  
We are one with all people. We are one you and I.

**We come to sing**, underneath your spreading branches.  
(alternate first line: We come to sing, in this sacred circle.)  
We come to sing, here on this sacred land.  
We come to sing, sing ourselves to wholeness.  
We come to sing, with our sisters hand in hand.

**When I see you** my heart is filled with gratitude.  
When I see you my heart is filled with love.  
Thank you, thank you for sharing yourself with me.  
Thank you, thank you for being who you are!

Strong and capable, **women!**  
Empowered and confident, women  
In charge of our bodies and happy in our skin  
We are a powerful force,,women!